



UNIVERSITY OF PERADENIYA
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CENTRE FOR DISTANCE AND CONTINUING EDUCATION
දුරස්ථ හා අඛණ්ඩ අධ්‍යාපන කේන්ද්‍රය



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2018 අගෝස්තු

FIRST YEAR (100 LEVEL) EXAMINATION IN BACHELOR OF ARTS
(EXTERNAL - NEW SYLLABUS) AUGUST 2018

SUPE 007: BUDDHIST PSYCHOLOGY

Answer **FIVE** questions only,

(The total number of questions in this paper is 10)

(Three Hours)

1. Compare psychological teachings of Buddhism with the principles of western psychology.
2. What kind of psychological content is there in Buddhism? Discuss.
3. Discuss the concept of “mental health” found in Buddhist psychological analyses.
4. Explain psychological characteristics of the classification of mental properties (cetasika) as taught in the Abhidhamma.
5. Give an account of emotions and motivations and discuss with reference to the suttas the instructions given in Buddhism for the purpose of managing emotions.

PTO ...

6. Discuss the facts taught in the Buddhist teaching about the development of personality with reference to some suttas that you have studied.
7. Examine the psychological characteristics of the personality types depicted in the Buddhist teachings.
8. Explain with reference to sutta discourses the psychological significance of the Buddhist teachings for eliminating of mental stress.
9. Show how psychological are the teachings related to the truth of suffering (Dukkha) taught in Buddhism.
10. "Buddhist social psychology contributes to the resolution of social problems"
Comment.

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